

**Cordova Bay 55+ Association
Reports to the Annual General Meeting- March 21, 2017**

**Committee or Area of Interest: Program, Courses, Events, Special Interest Groups,
Theatre, Travel**
Report prepared by: Rikki Bowman

Our 2016-2017 year has been another very interesting & busy 52 weeks, and it's our various talented and generous volunteers who continue to make it so! We appreciate all the volunteer hours the Coordinators and Group Leaders put in, to provide us with so many diverse educational, social & creative activities. So, thank you from all of us!

Tuesday Drop Ins

Barb Waldner and her committee always come up with speakers to entertain and educate us – and they have become very adept at changing speakers at almost the very last minute!

Barb reports the following as some of the highlights from last year's program series:

- Eight "Armchair Travel" presentations by our members
- Special treats from Purdy's Chocolates representative
- Five musical mornings, three with the Blue Heron Singers
- Rhodo Garden Tour (Johannessens')
- Connie McKenzie's Garden Party (Downton Abbey theme)
- Strawberries & Waffles
- Men's BBQ
- Annual Christmas luncheon
- The biggest event, as far as numbers of members attending, was Robert Bateman

Barb also sends cards, and/or makes phone calls to ill & injured members – staying in touch when members cannot make it to our Centre.

Courses and Monthly Events

Pat Bancroft and Mary Horton have challenged us with new and continuing courses, and have organized monthly events to further educate us.

They report as follows:

The biggest change was adding a co-chair to this area. With the addition of Mary Horton, the load is evenly spread and much easier to manage.

There are courses that are consistently filled and faithfully attended, and then there are others that are held as members express an interest or need. During the twelve months, instructors were secured, registration was held, and the following courses were offered:

Beginner's Bridge Level 1, (2 classes),	Beginner's Bridge Level 2, (2 classes)
Painting (10 classes),	Saturday Painting (2 classes)
iPad for Beginners (3 classes)	iPad/iPhone Intermediate (3 classes),
Osteofit (ongoing),	Stretch & Strength (ongoing)
Ukulele (3 classes),	Beginner's Mah Jong
Craft Evening Introduction	Pickle Ball Lessons for Beginner's
Pickle Ball Lesson for Intermediate	

There were additional courses offered but cancelled due to low registrations. Minimum numbers are advertised to cover costs for instructor salaries.

As well as our own courses, we partner with Saanich Recreation Centre to offer courses in Chair Yoga, Gentle Yoga, Hatha Yoga, and Line Dancing at our Centre. In August, we assisted with the Welcome Back/Meet and Greet and in the Fall organized Clinics for Blood Pressure readings & Flu shots; an AE Defibrillator Training course was provided in October with a refresher planned for April 2017.

This year, monthly excursions/tours have been added to our schedule and over 250 members have enjoyed visits to:

- May – Michell Airpart – Model Airplanes and Drones
- June – Geology Walk on Cordova Bay beach
- August– Bayside Big Band Practice at CB55 Plus
- September – Sea Cider tour and tasting
- October - Tour and Lunch at Institute of Ocean Sciences
- November – Ladysmith Festival of Lights
- December – Yellow Point Christmas Spectacular
- January – Birding at Esquimalt Lagoon
- February – Jewish Synagogue Tour

A special thank you to everyone who volunteers in the Office for their time and patience to make these events happen.

Special Interest Groups (S.I.G.s)

The number of Special Interest Groups has increased once again – we have so many different interests among our members!

Last year's new Groups are thriving:

- Art,
- Book Club,
- Beginner/Intermediate Bridge (now called Monday Morning Bridge), and the
- Ukulele Group, known as the Happy Strummers.

They have been joined in 2017, by the:

- Walking Group
- Poetry Reading Group,
- and very recently, a once-a-month Wednesday night Creative Crafts Group,

This brings the total number of S.I.G.s to 24; stay tuned, there may be more!

The ladies of the Studio Group ran another successful Craft & Bake Sale in December, and again this year they requested that some of the proceeds be given as Tru-Value gift cards to needy families of the school.

Thursday afternoons, one can hear the Blue Heron Singers' joyful voices – and their annual Christmas Singing and Spring Ceilidh bring out many members for the drop-in programs on those days!

Dave Docherty's Men's Group (GHOTH) continues to take the men to interesting & unusual places.

CB55+ Special Interest Groups Schedule

Group	Day	Time	Room	Leader
Art Group	Monday	1:30 - 4:00	Studio	Jane Bishop 477-6206
Blue Heron Singers	Thursday	2:30 - 4:00	Big Room	Pat Robertson 479-4271
Book Club	4th Tues	1:30 - 3:30	Studio	Sue Jergens 479-2226
Bridge - Drop-In	Monday	9:00 - 11:00	Studio	Karen Bryan 896-1201
Bridge - Drop-In	Wednesday	1:00 - 4:00	Big Room	Orma Paton 658-4805
Creative Craft Night	Wednesday	7:00 – 9:00	Studio	Barbara Wade 655-1295
Cribbage	Wednesday	1:00 - 3:00	Lounge	Lindie Schwartz 658-1940
Digital Photography	1st & 3rd Friday	10:00 – 11:30	Studio	Rikki Bowman 382-6197 Diane Anderson 477-8255 Diane Cowden 477-4571
Dominoes	3rd Tues	1:30 - 3:00	Studio	Rikki Bowman 382-6197
Family History	1st Tues	1:00 - 3:00	Lounge& Studio	Diane Anderson 477-8255
Hiking Group	Friday	8:50 - 12:00	Lochside Park	Michael Phillips phillips.m@shaw.ca
Hotshots	Monday	10:00 - 11:30	Badminton Hall	Lorne Brack 479-8689
Mah Jong	Friday	1:30 - 4:00	Studio	Mary Horton 658-4801 Glenda Kirk 658-1260
Men's Fitness	Mon & Wed	8:30 - 9:25	Big Room	David Docherty 658-8303
Men's GHOTH	Various		Off-site	David Docherty 658-8303
On The Go Again	Friday	1:30 - 3:30	Big Room	Bobbi Johannessen 658-8824 Gwen McPherson 658-5451
Pickle Ball	Tuesday	1:30 - 3:30	Saanich Comm. Place	Ed Bancroft 380-2411 Ted Dobie 477-5066
Poetry Reading	1st/3rd/ 4th Thurs	10:00 - 12:00	Studio	Ron Marken 1-778-265-9949
Poker Group	2nd Tues	2:00 - 4:00	Studio	Carole Didier 658-8444
Studio Group	Wednesday	1:00 - 4:00	Studio	Maura Dunn 652-2650
Sunday Games	3rd Sunday	1:00 - 3:00	Lounge	Brenda Hurd 658-6484
Ukulele Group	Wednesday	11:00 - 12:00	Seaside	Carolyn Acs 388-0354
Walking Group	Friday	9:30 - 11:00	Lochside Park	Pat Bancroft 380-2411
Walking with Dogs	Friday	9:15 -11:30	Various	Christine Smith 727-8544

Theatre

Hazel Bowman continues to work mightily to get us out to the Theatre, with many offerings from

- Langham Court,
- The Belfry,
- Chemainus,
- Victoria Operatic Society,
- Canadian College of Performing Arts,
- Pearson College's annual "One World" and
- Special film showings of plays at the cinema.

There are so many great plays and so much talent available for our enjoyment and edification – and, as Hazel says: "if we'd only just sign up!"

Travel

Pauline Cohen organizes day trips and end-of-the-month dinners (formerly Friday nights, now Saturday evenings), at various restaurants.